

Beach Butt Workout

Does Your Butt need a lift?
Do your thighs need more toning and less cushion?
We have just what you need!!
This class will blast those buns and thighs into high gear!!!!

Tues. & Thurs. 7pm

Classes Begin May 25th!!!



Lose Weight!!
Tone Up!!
Have More Energy!!!

Sign Up at JT's Fitness Today!!!!



JT's Fitness
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